



10 golden rules for supervision
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creating cultural competence

10 golden rules for PhD supervision

(Maastricht University, Faculty of Health, Medicine and Life Sciences)

- 1 get to know your PhD candidate- as a person
- 2 discuss mutual expectations regarding supervision
- 3 make a project plan together with our PhD candidate
- 4 separate responsibilities for the research project
- 5 evaluate project plan as well as supervision – on a regular basis
- 6 be available and reliable
- 7 know that support needs may shift – no linear learning curve
- 8 organise or stimulate peer support for the candidate
- 9 share and open up your network
- 10 share supervision experiences with other supervisors

10 golden rules for PhD candidates

(Maastricht University, Faculty of Health, Medicine and Life Sciences)

- 1 you're stakeholder Nr.1 in your project – be the captain on your ship
- 2 discuss mutual expectations about supervision
- 3 get an overview – make a project plan with your supervisor(s)
- 4 manage your time well – and make sure you did it your way
- 5 work hard, play hard
- 6 ask for what you need – and adress it if you don't get it
- 7 make use of all available sources of support
- 8 organise peer support
- 9 invest in your future – build your network, expand activities and skills
- 10 remember you're smart – Yes you can !